

ZWIFT KEYBOARD SHORTCUTS

Number Keys (Camera Angles)

- 1:** Default 6 o'clock view
- 2:** Closer 6 o'clock view
- 3:** First-person perspective
- 4:** Side, front-left of the rider
- 5:** Low forward view from behind and left
- 6:** Rear view
- 7:** Spectator view
- 8:** Helicopter view
- 9:** Bird's eye view
- 0:** Drone View – use the arrow keys, +, and – keys to move and zoom camera

Function Keys (Rider Actions)

- F1:** Elbow flick
- F2:** Wave hand
- F3:** Group "Ride On!"
- F4:** "Hammer Time!"
- F5:** "Nice!"
- F7:** "I'm toast"
- F8:** Bike bell
- F9:** Video Screenshot
- F10:** Take a Photo

Other Keys

- A:** Device pairing screen
- E:** Workout selection menu
- G:** Toggle Watt/HR graph
- H:** Hide HUD elements
- M:** Group Message window
- P:** Enter promo code
- T:** Garage and Drop Shop (change bike, kit, etc)
- Up Arrow:** Show actions/options menu (use left/right arrows to select)
- Down Arrow:** Perform a U-turn
- Left or Right arrows:** turn at intersections
- Spacebar:** use power-up
- Esc:** Brings up the "Menu" button (or goes back when in a menu)
- Tab:** Skip workout block
- Page Up/Down:** Adjust workout % intensity (aka "FTP bias) during a workout