

Zwift Routes by Difficulty

Route	Map	Length	Elevation	Lead-In	Badge
Volcano Circuit CCW	Watopia	4.1 km (2.5 miles)	17 m (56')	4.9 km (3.0 miles)	80 XP
Volcano Circuit	Watopia	4.1 km (2.5 miles)	17 m (56')	2.8 km (1.7 miles)	80 XP
Queen's Highway	Yorkshire	3 km (1.9 miles)	121 m (397')	2.8 km (1.7 miles)	60 XP
Duchy Estate	Yorkshire	3 km (1.9 miles)	37 m (121')	1.7 km (1.1 miles)	60 XP
The Fan Flats	Richmond	5 km (3.1 miles)	13 m (43')	4.3 km (2.7 miles)	100 XP
Classique	London	5.4 km (3.4 miles)	19 m (62')	5.7 km (3.5 miles)	110 XP
Champs-Élysées	Paris	6.6 km (4.1 miles)	34 m (112')	3.2 km (2.0 miles)	130 XP
Lutece Express	Paris	6.6 km (4.1 miles)	33 m (108')	3.5 km (2.2 miles)	130 XP
The 6 Train	New York	6.4 km (4.0 miles)	61 m (200')	0.2 km (0.1 miles)	130 XP
Jungle Circuit	Watopia	7.9 km (4.9 miles)	79 m (259')	5.7 km (3.5 miles)	260 XP
Innsbruckring	Innsbruck	8.8 km (5.5 miles)	72 m (236')	0.2 km (0.1 miles)	170 XP
Flat Route	Watopia	10.3 km (6.4 miles)	54 m (177')	0.5 km (0.3 miles)	200 XP
Greater London Flat	London	11.6 km (7.2 miles)	45 m (148')	5.7 km (3.5 miles)	230 XP
Volcano Flat	Watopia	12.3 km (7.6 miles)	46 m (151')	0.5 km (0.3 miles)	240 XP
Hilly Route	Watopia	9.1 km (5.7 miles)	100 m (328')	0.5 km (0.3 miles)	180 XP
Park Perimeter Loop	New York	9.8 km (6.1 miles)	126 m (413')	0.4 km (0.2 miles)	190 XP
Grand Central Circuit	New York	6.8 km (4.2 miles)	137 m (449')	1.6 km (1.0 miles)	140 XP
Tempus Fugit	Watopia	17.3 km (10.7 miles)	16 m (52')	2.4 km (1.5 miles)	380 XP
Cobbled Climbs	Richmond	9.2 km (5.7 miles)	126 m (413')	0.3 km (0.2 miles)	180 XP
Tick Tock	Watopia	16.8 km (10.4 miles)	44 m (144')	2.4 km (1.5 miles)	388 XP
Astoria Line 8	New York	11.5 km (7.1 miles)	141 m (463')	0.4 km (0.2 miles)	230 XP
Whole Lotta Lava	Watopia	12.3 km (7.6 miles)	160 m (525')	4.9 km (3.0 miles)	240 XP
The Highline	New York	10.5 km (6.5 miles)	175 m (574')	10.0 km (6.2 miles)	210 XP
Tour of Tewit Well	Yorkshire	10.4 km (6.5 miles)	200 m (656')	0 km (miles)	210 XP
2015 UCI Worlds Course	Richmond	16.2 km (10.1 miles)	142 m (466')	0.5 km (0.3 miles)	320 XP
Lady Liberty	New York	12.3 km (7.6 miles)	197 m (646')	0.4 km (0.2 miles)	240 XP
Sand and Sequoias	Watopia	20.2 km (12.6 miles)	146 m (479')	2.4 km (1.5 miles)	400 XP
2019 UCI Worlds Harrogate	Yorkshire	13.8 km (8.6 miles)	240 m (787')	0.1 km (0.1 miles)	270 XP
R.G.V.	France	24.1 km (15.0 miles)	107 m (351')	1 km (0.6 miles)	480 XP
Douce France	France	24.1 km (15.0 miles)	108 m (354')	0 km (miles)	480 XP
London Loop	London	14.9 km (9.3 miles)	220 m (722')	0.5 km (0.3 miles)	300 XP

Roule Ma Poule	France	23 km (14.3 miles)	145 m (476')	3.1 km (1.9 miles)	460 XP	2 Bidon	
Casse-Pattes	France	23 km (14.3 miles)	145 m (476')	0.9 km (0.6 miles)	460 XP		
Greatest London Flat	London	23.6 km (14.7 miles)	147 m (482')	7.5 km (4.7 miles)	500 XP		
Volcano Climb	Watopia	22.8 km (14.2 miles)	192 m (630')	0.5 km (0.3 miles)	460 XP		
London 8	London	20.3 km (12.6 miles)	255 m (837')	0.5 km (0.3 miles)	410 XP		
Greater London Loop	London	21 km (13.0 miles)	244 m (801')	0.5 km (0.3 miles)	420 XP		
Greater London 8	London	23.8 km (14.8 miles)	256 m (840')	5.7 km (3.5 miles)	480 XP		
Mighty Metropolitan	New York	20 km (12.4 miles)	307 m (1,007')	0.4 km (0.2 miles)	400 XP		
Figure 8 Reverse	Watopia	29.7 km (18.5 miles)	254 m (833')	0.3 km (0.2 miles)	580 XP		
Figure 8	Watopia	29.8 km (18.5 miles)	234 m (768')	0.2 km (0.1 miles)	580 XP		
Road to Ruins	Watopia	29.6 km (18.4 miles)	268 m (879')	0.5 km (0.3 miles)	580 XP		
Knickerbocker Reverse	New York	22.5 km (14.0 miles)	364 m (1,194')	0.2 km (0.1 miles)	450 XP		
Knickerbocker	New York	22.5 km (14.0 miles)	346 m (1,135')	0.4 km (0.2 miles)	450 XP		
Rising Empire	New York	20.7 km (12.9 miles)	362 m (1,188')	0.4 km (0.2 miles)	410 XP		
Greatest London Loop	London	25.6 km (15.9 miles)	345 m (1,132')	0.5 km (0.3 miles)	510 XP		
Out and Back Again	Watopia	39.8 km (24.7 miles)	303 m (994')	2.4 km (1.5 miles)	840 XP		
2018 UCI Worlds Course	Innsbruck	23.6 km (14.7 miles)	487 m (1,598')	0.2 km (0.1 miles)	470 XP		
Royal Pump Room 8	Yorkshire	27.7 km (17.2 miles)	480 m (1,575')	0.1 km (0.1 miles)	550 XP		
Everything Bagel	New York	34.2 km (21.3 miles)	525 m (1,722')	0.2 km (0.1 miles)	690 XP		3 Bidon
Triple Loops	London	40.8 km (25.4 miles)	544 m (1,785')	0.5 km (0.3 miles)	810 XP		
Mountain Route	Watopia	29.5 km (18.3 miles)	682 m (2,238')	0.5 km (0.3 miles)	580 XP		
Big Loop	Watopia	42.4 km (26.3 miles)	651 m (2,136')	0.5 km (0.3 miles)	840 XP		
Dust In the Wind	Watopia	54.6 km (33.9 miles)	529 m (1,736')	0.3 km (0.2 miles)	1080 XP		
Lutscher CCW	Innsbruck	13.7 km (8.5 miles)	821 m (2,694')	8.9 km (5.5 miles)	240 XP		
The London Pretzel	London	55.6 km (34.5 miles)	531 m (1,742')	0.5 km (0.3 miles)	1100 XP		
Petit Boucle	France	61 km (37.9 miles)	430 m (1,411')	1 km (0.6 miles)	1220 XP		
Tire-Bouchon	France	61 km (37.9 miles)	431 m (1,414')	3.1 km (1.9 miles)	1220 XP		
Muir and the Mountain	Watopia	33.9 km (21.1 miles)	767 m (2,516')	5.2 km (3.2 miles)	680 XP		
Mountain 8	Watopia	32 km (19.9 miles)	677 m (2,221')	0.5 km (0.3 miles)	640 XP		
Bigger Loop	Watopia	53.1 km (33.0 miles)	678 m (2,224')	0.5 km (0.3 miles)	1060 XP		
Lutscher	Innsbruck	13.7 km (8.5 miles)	823 m (2,700')	10.9 km (6.8 miles)	270 XP	4 Bidon	
Surrey Hills	London	44.1 km (27.4 miles)	1029 m (3,376')	5 km (3.1 miles)	820 XP		
Big Foot Hills	Watopia	67.5 km (41.9 miles)	707 m (2,320')	2.4 km (1.5 miles)	1340 XP		
Three Sisters	Watopia	47.8 km (29.7 miles)	879 m (2,884')	0.5 km (0.3 miles)	950 XP		
Road to Sky	Watopia	17.3 km (10.7 miles)	1045 m (3,428')	0.1 km (0.1 miles)	380 XP		
Achterbahn	Innsbruck	47.38 km (29.4 miles)	973 m (3,192')	0.2 km (0.1 miles)	950 XP		
Tour of Fire and Ice	Watopia	25.5 km (15.8 miles)	1161 m (3,809')	2.8 km (1.7 miles)	500 XP		
Ven-Top	France	20.9 km (13.0 miles)	1534 m (5,033')	0 km (miles)	420 XP		
The PRL Half	London	69 km (42.9 miles)	954 m (3,130')	0.5 km (0.3 miles)	1380 XP	5+	
Quatch Quest	Watopia	45.9 km (28.5 miles)	1683 m (5,522')	0.3 km (0.2 miles)	920 XP		
The Pretzel	Watopia	72.2 km (44.9 miles)	1333 m (4,373')	0.5 km (0.3 miles)	1440 XP		
The Mega Pretzel	Watopia	107 km (66.5 miles)	1642 m (5,387')	3.7 km (2.3 miles)	2140 XP		
Four Horsemen	Watopia	89.3 km (55.5 miles)	2112 m (6,929')	0.6 km (0.4 miles)	1780 XP		
The Über Pretzel	Watopia	128.3 km (79.7 miles)	2335 m (7,661')	0.5 km (0.3 miles)	2560 XP		
The PRL Full	London	173 km (107.5 miles)	2496 m (8,189')	0.5 km (0.3 miles)	3460 XP		