

# ZWIFT KEYBOARD SHORTCUTS

## Number Keys (Camera Angles)

- 1: Default 6 o'clock view
- 2: Third person view
- 3: First person shooter perspective
- 4: To the side front-left of the rider
- 5: Rear view from right of rear wheel
- 6: Head on to the rider
- 7: Spectator view
- 8: Helicopter view
- 9: Bird's eye view
- 0: Drone View – use the arrow keys, +, and – keys to move and zoom camera

## Function Keys (Rider Actions)

- F1: Elbow flick
- F2: Wave hand
- F3: "Ride On!"
- F4: "Hammer Time!"
- F5: "Nice!"
- F6: "Bring It!"
- F7: "I'm toast"
- F8: Bike bell
- F10: Screen Capture

## Other Keys

- A:** Device pairing screen
- E:** Bring up workout selection screen
- G:** Toggle Watt/HR graph
- M:** Group Message window
- P:** enter promo code
- T:** User Customization screen (change bike, kit, etc)
- Up Arrow:** Show actions/options menu (use left/right arrows to select)
- Down Arrow:** Perform a U-turn
- Left or Right arrows** to turn
- Spacebar:** use power-ups
- Esc:** Brings up the "End Ride Screen." Hit again to go back to the game
- Tab:** skip workout block
- Page Up/Down:** adjust workout % intensity (aka "FTP bias) during a workout